



Attendees: Susan Blake
Mike Elleston
Bob Hampson
Paul Tomlinson
Ann Evans
Gill Francis
Tracy Bowden – Practice Manager
Nichola Covil-Crawford – Senior Practice Administrator

Apologies: Jackie Cape, Peter Wood, Jan Cosgrove, Gill Foot, Ken Lambert, Keith Harrison, Sue Brazier

The group met for a festive drink and mince pie and an update on practice issues. The group were informed that Keith Harrison has moved into a Social Prescribing role and his PPG support role will be covered by Sue Brazier from Dorset CCG.

The group were also informed of Dr Des Ling's retirement from the partnership from 1st January 2020. He will continue as a Salaried GP for 3 sessions a week and Dr Robin Birnie will take on Dr Ling's list of patients.

1. CQC inspection 20 November

Our latest inspection went very well and was extremely positive. The practice achieved another Good rating. The PPG were thanked for their very kind feedback to the CQC Inspector.

2. Allotment

The Town Council have recently inspected and renewed our use of the allotment in Herrington Road for another year. We need to promote this to our patients in the Spring as the current participants are struggling to maintain it.

3. E-Consult

This new service will be available to our patients from the end of February 2020. This enables patients to consult online with their GP via a PC, tablet or mobile phone. More details will follow in our next newsletter and on our website.

4. Health Promotion

The doctors and staff at Queens Avenue are very involved in physical activities such as running and cycling and promote these via our newsletter to our patients with a view to encouraging by example. We have also applied to become a Parkrun Practice. Parkrun is currently available in Weymouth but there are plans to also run this in Dorchester. The group were asked to consider how they could promote this to patients and encourage healthy exercise.

5. Health Apps

There are various Health Apps which can be downloaded free to your phone. A few useful ones are the NHS App, Wait Less App, Couch25K and Active 10.

6. Sepsis awareness

The practice staff have received training to help them recognise signs of the deteriorating patient to enable fast access to a clinician or the emergency services if Sepsis, Meningitis or a heart attack is suspected. Patients who indicate certain symptoms may be asked a set of questions to help us decide the best course of action. This will be highlighted in our newsletter to ensure patients understand that there is good reason for a receptionist to ask for more information to enable fast access when appropriate.

The next meeting will be held in March 2020. Date to be agreed.